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When you visit the Site or transmit any Submissions to BMC electronically, you are communicating with BMC electronically. By communicating with BMC electronically, you consent to receive communications from BMC electronically. BMC will communicate with you by e-mail or by posting notices on this Site. By communicating with BMC electronically, you also agree that all agreements, notices, disclosures and other communications that BMC provides to you electronically satisfy any legal requirement that such communications be in writing.

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By transmitting any Submission(s) to BMC, you hereby represent and warrant to BMC that you own or otherwise control all of the rights to the content that you post; that the content is accurate;

that use of the content you supply does not violate this policy and will not cause injury to any person or entity; and that you will indemnify BMC for all claims resulting from content you supply.

By transmitting any Submission(s) to BMC, you also represent and warrant that: (i) you are of legal age and otherwise legally competent to enter into contracts; (ii) you have all rights, approvals and/or consents necessary to submit the Submission(s) on the Terms provided herein; (iii) no permission is required from any other individual or company for BMC to use the Submission(s); (iv) the materials contained in the Submission(s), including, without limitation, the, ideas, compositions, and other materials, are original, were created only by you, do not contain any "samples," excerpts, or other works from the material of others, and do not otherwise infringe on the intellectual property rights of any other individuals or companies; (v) the Submission(s) does not and will not violate any laws or be defamatory, libelous, pornographic or obscene; (vi) you are not bound by any contract that would prohibit you from agreeing to these Terms and Conditions; (vii) you will not hold BMC liable for copyright or trademark infringement based, in whole or in part, upon BMC's access to and use of the Submission(s); and (vi) the Submission(s) will not contain any "viruses" or other information that may damage or otherwise interfere with BMC's computer systems or data, or the computer systems or data of users of BMC's website. You shall be fully responsible for any breach of the representations and warranties made to BMC under this paragraph, and you shall indemnify BMC and hold BMC harmless from and against any and all claims, liabilities, actions, losses, damages and costs, including reasonable attorneys' fees and costs, arising from any such breach.

You may not use a false e-mail address, impersonate any person or entity, or otherwise mislead as to the origin of an e-mail, card or any other Submission. BMC maintains the right (but not the obligation) to review your Submission(s) and, in its sole discretion, decline to post and/or remove any Submission(s) for any reason or for no reason at all, at any time, and without notice.

You may request that BMC delete your Submission(s) from the Site by emailing BMC at hello@bountifulmindcounseling.com and specifically identifying the Submission(s) you are requesting to be deleted. Upon receipt of your emailed request, BMC will make all reasonable efforts to delete your Submission(s) from the system and Site; however, BMC disclaims any and all responsibility for any copies of your Submission(s) that may have been made by a user of the Site before your Submission(s) was removed.

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Given the nature of the internet, the transmission of any communication or Submission to BMC via the Site or internet e-mail, whether encrypted or otherwise, cannot be guaranteed in all circumstances as secure. As an alternative to communicating over the internet or e-mail, BMC can be contacted by postal mail at: 2208 NW Market St, Ste 430E, Seattle, WA 98107.

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Notwithstanding the Dispute Resolution provisions below, any dispute relating in any way to your visit to the Site or to products or services sold, distributed, or provided, by BMC or through the Site shall be adjudicated in any state or federal court in King County, Washington, and you consent to exclusive jurisdiction and venue in such courts.

DISPUTE RESOLUTION

In the event any dispute or controversy arising out of or relating to this Agreement, the parties agree to exercise their best efforts to resolve the dispute as soon as possible. The parties shall, without delay, continue to perform their respective obligations under this Agreement which are not affected by the dispute.

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- A specific description of where the material that you claim is infringing is located on the Site;
- Your address, telephone number, and e-mail address;

- A statement by you that you have a good-faith belief that the disputed use is not authorized or allowed by the copyright owner, its agent, or the law;
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Copyright Agent
Bountiful Mind Counseling, PLLC
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Seattle, WA 98107
USA

e-mail: hello@bountifulmindcounseling.com